

This Week's Service



Sunday, October 31st at 10:30 am
In-Person at the Meetinghouse
(also, on Zoom)

Join Rev. David, Musician Nancy Byrne, and Worship Associate Nellie Dixon in the Meetinghouse and on Zoom for this week's service: "The Mourner's Bench". Some religious traditions and cultures have structures and customs to guide us as we accompany grieving friends and loved ones who have experienced a loss. Many of us are at a loss ourselves for what to say or do. What makes a good companion on the journey of grief?

This is our annual All Souls service, when we acknowledge and welcome the presence of all our loved ones who have died. Everyone is encouraged to bring (or send to Rev. David if you'll be attending online) a photo of a departed loved one to place on our remembrance table.

If you have had a loss since last years' service and you would like to light a candle for them at the beginning of the service, (when we recognize those who are mourning the most recent losses) please let Rev. David know via text or email before Saturday at 5 PM.

To join on Zoom, follow this link:
<https://us02web.zoom.us/j/84945108473>

Meeting ID: 849 4510 8473

Passcode: 370660

Join by phone (audio only): +1 301 715 8592

To join online, follow this link:
<https://us02web.zoom.us/j/84945108473>

Meeting ID: 849 4510 8473

Passcode: 370660

Listen in by phone (audio only): +1 301 715 8592

NEXT SUNDAY, November 7th - Service Change!

On Sunday, November 7th, we will NOT have a service live in the Meetinghouse. Due to a scheduling oversight, Rev. David will be enroute that Sunday to the Southeast UU Minister's Association Fall Retreat. Instead, we have been invited to a "virtual visit" with the Unitarian Universalist Coastal Fellowship in Morehead City, NC, with whom we've exchanged visits several times during the pandemic. This will give our dedicated Tech Team of Bryan Jones and Cathie Feild a Sunday off, their first in many weeks.

Please take advantage of this opportunity on November 7th to visit with another congregation, "meet" their new Interim Minister, the Rev. Michelle Ma, and enjoy their online service, an outdoor service in recognition of Veteran's Day. The Zoom link will be in next week's Newsletter.

UUCOB News & Notes



UUCOB Grief Group

Rev. David leads this group in exploring tools for understanding and doing the healing work of grieving. The group meets on the 4th Friday of each month, however for November and December, the meeting will be on the 3rd Friday due to the holidays. Rev. David would like to invite any who wish to join the group for the first time to contact him at: revdamorris@gmail.com.



Notes from the last Meeting

Treasurer Lee Fallon will initiate a group of volunteers to help focus our financial goals and develop a long-range planning team. If you would like to help create a vision for our congregation's financial future, please contact Lee via email: leeatuucob@gmail.com.

Building & Grounds Chief Dennis Tromba is taking an inventory of our keys to the Meeting House and Heron Pond. If you currently hold a key to the building, please contact Dennis via email: dennistromba@gmail.com.

Connect with UUCOB

Unitarian Universalist Congregation of the Outer Banks
831 Herbert Perry Road Kitty Hawk, NC 27949

Email: info.uucob@gmail.com

For a list of our UUCOB Board members:
<http://www.uucob.org/governance/>

Please visit our website: www.uucob.org
Facebook: <https://www.facebook.com/UUCOB/>
Instagram: [@uucob](https://www.instagram.com/uucob)

COVID-19 INFORMATION For information on latest UUCOB Covid protocols, please visit our website: www.uucob.org

Rev. David's Quote of the Week

Poet Krista Lukas (b. 1971) writes:

The day I die will be a certain day, a square on a calendar page to be flipped up and pinned at the end of the month. It may be August or November; school will be out or in; somebody will have to catch a plane. There will be messages, bills to pay, things left undone. It will be a day like today, or tomorrow—a date I might note with reminder, an appointment, or nothing at all.

It's been said that religion is the human response to living with the knowledge that death is inevitable--and yet most of us do not keep that knowledge in mind most of the time. This week of Halloween, with the Feast of All Souls and Dia de los Muertos coming on Monday and Tuesday, might we pause to reflect on the deep context of our lives--the preciousness of every moment, the everyday miracles that we take for granted? Let's carefully consider whether the priorities we set as if we had all the time in the world are the ones that genuinely best serve our lives.

Share the Plate for October



This month, a portion of all Sunday morning offerings will be donated to...

The Lower Currituck Food Pantry, serving Currituck County residents who struggle to make ends meet and are in need of emergency food assistance.

To donate: Visit our website: www.uucob.org and click on the DONATE button. After you specify the amount, you will have the option to select "Sunday Morning Offering".

Creating Connections through Work (and Play)



A Big Thank You to...

Dennis Tromba and all who volunteered to help out on multiple Saturdays by working on the UUCOB grounds to create a beautiful autumn-scape. Much appreciated by all.



Happy Hikers!

Thanks to Sherrie for inviting the Women's Journey group to an impromptu meet-up for a hike and a picnic in Corolla.

Community News



Sunday, November 7th at 2:00 pm

Gail and Angelo Sonnesso of GEM (Gentle Expert Memorycare) would like to invite you to participate in their Annual Candlelighting event: *To Honor, To Remember, and Care*.

The event pays tribute to caregivers—the individuals who walk alongside loved ones that are living with memory loss. Care partners need a village of support.

[CLICK HERE](#) for details.