



**This Sunday's Service**



**Online Sunday Service:  
October 4 10:30 am  
streamed live from the Sanctuary**

**This Sunday: Join us online for this Sunday's service, streamed live from the UUCOB Meetinghouse with Rev. David Morris, Worship Associate Gwen Taylor, and Musician Sherrie Lemnios!**

**This week: "The Wolf at the Door." St. Francis of Assisi, the Catholic monk known for his kindness to animals and for his commitment to peace, poverty, and love, is said to have tamed a terrible wolf once, but the wolf returned to its violent ways when humans treated it unkindly. How do we meet the violence in humankind?**

To join the service on Zoom, follow this link:

<https://us02web.zoom.us/j/89296119207> Meeting ID: 892 9611 9207  
To join by phone (Audio only): +1 929 205 6099

**News & Notes**



**Coming In Sunday, October 11 A Joint Zoom Service**

**UUCOB has been invited to join** with the Unitarian Universalists of Coastal Georgia in Brunswick, GA and the Unitarian Universalist Fellowship of Statesboro, GA for their **joint Zoom service on Sunday, October 11th**. The two congregations share their minister, the Rev. Jane Page, who will be speaking on "Being a Good Ally--Gender and Sexuality." Watch for connection information as we share worship with these sibling congregations, and be ready to welcome them when they come for a virtual visit with us in return on November 29th!



**Upcoming Board Meeting**

The UUCOB Board meets on the second Thursday of each month at 6:00 pm to lead UUCOB's business, policy, administration, and planning. The meetings are open to members of the congregation.

**Next UUCOB Board Meeting: Thursday, October 8, at 6:00 pm.** If you would like to attend or if you have something you would like to share, please contact **Jennifer Gilbreath** at [jenniferatuucob@gmail.com](mailto:jenniferatuucob@gmail.com) or **David Molher** at [dwmolher.dm@gmail.com](mailto:dwmolher.dm@gmail.com)

**UUCOB – Creating Connections**



**This Week's Opportunities for Action:**

**October is Art the Vote** month for the UUCOB. Have a small, socially distanced *Art the Vote* party in your backyard or other outdoor venue. [CLICK HERE FOR A FLYER WITH ALL THE INFORMATION](#)

**The Board of Elections is seeking Poll Greeters for Early voting in KDH.** Poll greeters will welcome voters and offer a Blue Ballot outside the KDH Town Hall. There are 2 slots for every time, so friends/spouses, etc. are encouraged to sign up together: <https://www.signupgenius.com/go/9040D4BA5A629A0FE3-kill>

**It is not too late to have values-based conversations with friends and family** around politics and the election. The VOICE project led by Dr. David Campt is here to help! This free online series provides strategies for effective dialogue to help us mobilize non-voters and initiate healthy conversations across ideological divides. For more information visit: [thedialoguecompany.com/voice](http://thedialoguecompany.com/voice). You can also see an intro video to the project [here](#).

**Become a Vote Protector with Democracy NC!** Vote Protectors (otherwise known as poll monitors) are asked to take a two-hour training and then help monitor voting sites. You would help voters who encounter problems at the polls and sound the alarm when something isn't right. \*\*\* Note: You would only be asked to carry out tasks that can be done without person-to-person contact. Sign up for a virtual volunteer training [here](#).

**Connect with UUCOB**

Unitarian Universalist Congregation of the Outer Banks  
831 Herbert Perry Road Kitty Hawk, NC  
Website: [www.uucob.org](http://www.uucob.org)  
Facebook: <https://www.facebook.com/UUCOB/>

UUCOB now has a presence on Instagram! Follow us at: [@uucob](https://www.instagram.com/uucob)

Click below for a list of our current Board of Directors.  
[UUCOB Board of Directors](#)

**Rev. David's Quote of the Week**

In a 1930 essay called "What I Believe," later published in a collection called *The World As I See It*, Albert Einstein (1879 - 1955) said: "The most beautiful emotion we can experience is the mysterious. It is the fundamental emotion that stands at the cradle of all true art and science. He to whom this emotion is a stranger, who can no longer wonder and stand rapt in awe, is as good as dead, a snuffed-out candle. To sense that behind anything that can be experienced there is something that our minds cannot grasp, whose beauty and sublimity reaches us only indirectly: this is religiousness. In this sense, and in this sense only, I am a devoutly religious man."

It's been said that the ability to worship without having a pre-set, prescribed image of the Divine--in other words, to "stand rapt in awe," to be reverent in the presence of mystery--is the gift Unitarian Universalism has to offer the future of religion. Where do you encounter the mysterious? How often do you seek it out? Might it be a balm for your spirit in a time of too much chaos, anger, and division?

**Auction News**



**Art Auction for UUCOB**

**3 Viewings of Gwen Taylor's Art Show for the benefit of UUCOB (501c3 tax exempt)**

**There are 3 scheduled viewing dates for those who wish to view Gwen Taylor's art in person: October 4, October 11 and October 18<sup>th</sup>, all from 4pm-6pm.** Gwen will be present this Sunday afternoon—October 4<sup>th</sup>—to answer any questions you may have regarding her art or the inspiration behind a specific work.

All in person viewing will follow current social distancing requirements and specific requirements issued by the UUCOB. **Face masks must be worn at all times while inside UUCOB.**

Take a look online, visit: [UUCOB Art Auction](#)

**October Share the Plate**



**One half of all Sunday morning offerings will be donated to...**

**Lower Currituck Food Pantry**

The Lower Currituck Food Pantry will serve Currituck County residents who need of emergency food assistance.

**UUCOB Member Spotlight on...**



**Sherrie Lemnios**

**How long have you lived in the Outer Banks** 34 years

**Besides the Outer Banks, where else have you lived?**  
NY - Long Island, NYC, Poughkeepsie; Chapel Hill, NC

**Talkin' bout your generation. Your Age Range?** 65 and over

**My family consists of:** Daughter and Grandson in Durham, Stepson in Greensboro with wife and 3 kids, Stepson in MD with wife and 6 kids, some grown, and my wonderful cat, Yoko.

**My occupation and/or volunteer work:** I have had 2 retail stores, one in Nags Head that I started with my late husband, Something Fishy. Had a business doing fish prints. I currently have a year-round rental in KDH and I rent my house in Chapel Hill on a short-term basis.

**My favorite leisure activities, hobbies, interests are:**

Dancing, playing piano, kayaking, going to the beach, bike riding, painting, reading, movies, gardening, hiking, Mah Jongg, Bunko, travel

**For me, the UUCOB is...**Feels like home. A network of friends with similar values and outlook who I feel close to and care about. An opportunity for fellowship and to use my skills in a way to benefit others.

**Please include any Board position you have held or any volunteer work you have been a part of at UUCOB.**

I have been Communications Chair, Finance Chair, Vice President and on the Committee on Ministry. I initiated and chaired the Cultural Crossroads Committee and several fund-raising events. I organize the art shows and play piano at half the services.