



**This Sunday's Service**

**Online Sunday Service:  
September 13 10:30 am**

**Join us online for this week's Sunday service,  
streamed live from the UUCOB Sanctuary!**

**Rev. David Morris: "Iconic Figures":** The recent death of actor Chadwick Boseman reawakened awareness of his role in bringing Black Americans of enormous stature--Thurgood Marshall, Jackie Robinson, James Brown--to the attention of Americans, or more accurately, White Americans. Does it take a superhero for us to realize how important a single life can be?



**To join the service, follow this link:**

<https://us02web.zoom.us/j/81248294408> Meeting ID: 812 4829 4408

**To join by phone (audio only): +1 929 205 6099**

**Rev. David's Quote of the Week**

**Poet May Sarton (1912 - 1995) wrote:** "Keep busy with survival. Imitate the trees. Learn to lose in order to recover, and remember nothing stays the same for long, not even pain. Sit it out. Let it all pass. Let it go."

Sometimes, we need to immerse ourselves in our work toward the vision of "a world made fair, with all her people one" in order to avoid getting caught up in the crisis or discouragement of the moment. Other times, we need to "sit it out" and deepen our awareness that in living, just living moment to moment as best we can, we are part of the infinite fabric of life in the Universe.

*Both perspectives invite us into the recognition that we are part of a larger, longer unfolding reality than whatever has captured our attention right now. Which path works best for you--today? If one is falling short or has lost its appeal right now, can you try the other?*

**News & Notes**

**Email Fraud Alert**



Once again this week, a few members have received email messages pretending to be from Rev. David Morris, telling the person contacted that "Pastor David" is in need of "a favor," and asking them to reply via email. Please be assured that Rev. David does not ask for money or unnamed favors directly from individuals via email, and that any communication regarding donations or pastoral needs will be from official and familiar addresses at UUCOB, and will give you the opportunity to seek clarification. When in doubt, we urge you to double-check *separately from any message you've received*, via the means you usually use, to ask about the validity of a message. **Never open an attachment from, follow a link in, or reply directly to an unfamiliar email address. Remember, we revere the critical mind as well as the open heart! Skepticism is always a virtue on the internet.**

**September Share the Plate**



**One Half of all Sunday Morning offerings will be donated to...**



**The Mustang Outreach Program** offering music lessons to community kids through world class, professional music performances, residencies and mentoring programs.

**UUCOB – Creating Connections**



- Engaging our neighbors
- Educating our communities
- Mobilizing voters

**Voting Early is easy this year:**

**You can vote in person in Dare County from October 15th-31st.**

**Mail-in ballots are already being mailed! If you are voting by mail, please request your ballot right away, complete it quickly, and mail it. There will NOT be any drop boxes in Dare County. Here are 3 ways to make sure your mail-in ballot is counted:**

- 1. Mail it** - postmarked on or before Nov. 3 and received by Nov. 6th to be counted. It's best to mail it A.S.A.P.
- 2. Drop off your ballot at the Board of Elections in Manteo, or...**
- 3. Take your ballot to an early voting site.** If you choose to do this, you will need to go inside and flag the site manager at the polling place to leave your ballot (it must go through a chain of custody), and you will need to sign a form identifying who is dropping it off before leaving the premises.

**Remember to follow ALL directions when mailing your ballot, and sign the envelope. You will need one witness.**

**This Week's Opportunities for Action:**

**1. Friday Action Hour.** Join Forward Together every Friday at 11am for ONE hour of connection, music and action. No need to register, just join on zoom via this link: <https://zoom.us/j/91029655107>

**If you can't join on Friday,** you can still do the actions by clicking on the action plan below and completing the actions (But it may not be as much fun!) Give it a try: [Click Here for This Week's Action Plan](#)

**2. Mark your Calendar for our national UU the Vote virtual rally, "Gather the Spirit" at 7:30 pm ET.** As we head into the Fall push, it is time to meet this moment with the full capacity of our faith. Let us gather together to be nourished by the abundant, loving spirit of this beloved community. We'll be joined by leaders from across our faith to celebrate all that we have done so far and introduce a powerful week of action during #AllinOctober. [RSVP today!](#)

**Reminders:**



**An online series: *Understand White Privilege and Become an Anti-Racist***  
Here's an opportunity to explore this important topic.

[CLICK HERE for information.](#)



**Wi-Fi information for UUCOB**

**UUCOB has New Wi-Fi Information:** For those who may be using the Sanctuary for an upcoming small group gathering: There is a new Wi-Fi router in the Meetinghouse. If you need information about connecting to Wi-Fi in the Sanctuary, please contact Rev. David at [revdamorris@gmail.com](mailto:revdamorris@gmail.com) or Susan Pfaff at [susanatuucob@gmail.com](mailto:susanatuucob@gmail.com)

**Connect with UUCOB**

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**UUCOB**

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