



**Due to the COVID 19 Stay in Place Policy, UUCOB facilities are closed to all events and activities until further notice.**

### This Sunday's Service



**Online Sunday Service:  
July 19 10:30 am**

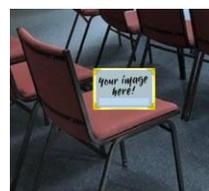
**Join our online Sunday Service.**

This week's service, "Longing for the Familiar," will be led by a worship team including Worship Associate Gwen Taylor and Musician Nancy Byrne live in our Meetinghouse. As we see the beloved space, we ask: What do we miss the most in our lives in these unusual times, and how we are sustaining ourselves? In addition to music, readings, and Rev. David's homily, there will be a time for you to share your responses to those questions.

To join the service, use the link below:

<https://us02web.zoom.us/j/81632923669> Meeting ID: 816 3292 3669

To join by phone (audio only), find your local number: <https://us02web.zoom.us/j/kd3lbL9miC>



**Send your face to the meetinghouse!**

Though we'll have a small team leading our service from inside the Sanctuary this week, the congregation will be joining us via Zoom only--the meetinghouse is still closed for gatherings larger than 4 or 5. Help us feel that you're there with us! Send a photo of your face electronically to Rev. David at [revdamorris@gmail.com](mailto:revdamorris@gmail.com) and he'll enlarge and print it, then attach it to one of the chairs in the Sanctuary, so that the worship team can see you! We'll share the view if it's at all possible, so you can see the "virtual congregation" along with us.

### UUCOB – Creating Connections



**UU the Vote - Get Involved with this week's Opportunities for Action:**

**1) EVERY FRIDAY... All are welcome ... Join the UU Action Hour!**

All you have to do is Zoom in, and we'll have a list of easy, impactful actions ready to go. Along the way, you'll be accompanied by good justice music, fellowship, and support. Try it once and see if you're not hooked!

Every Friday at 11:00 am on Zoom: <https://zoom.us/j/91029655107>

**2) We still need more volunteers to write postcards.** Your UU the Vote team is striving to write and mail 1,000 postcards to Dare county residents in partnership with Reclaim Our Vote and the North Carolina NAACP. This can be done from home. If you have signed up, you can sign up a friend outside the UU to join us. Writers must buy postcard stamps for 20 cards. (\$7.00). We should receive the cards in a few weeks. Please email Rosemary at [rorawlines@gmail.com](mailto:rorawlines@gmail.com) if you can help, and Thank you!

**3) Please "Pledge to Vote"** by using this link and share it with your friends. Thank you for helping us get out the vote!

<https://www.youcanvote.org/pledge>

### Unitarian Universalist Congregation of the Outer Banks

**UUCOB**  
831 Herbert Perry Road Kitty Hawk, NC  
Website: [www.uucob.org](http://www.uucob.org)  
Facebook: <https://www.facebook.com/UUCOB/>

### Rev. David's Quote of the Week

**Mother Teresa (1910 - 1997) said:**

Do not think that love, in order to be genuine, has to be extraordinary. What we need is to love without getting tired. How does a lamp burn? Through the continuous input of small drops of oil. If the drops of oil run out, the light of the lamp will cease. What are these drops of oil in our lamps? They are the small things of daily life: faithfulness, punctuality, small words of kindness, a thought for others, our way of being silent, of looking, of speaking, and of acting. These are the true drops of love. Be faithful in small things because it is in them that your strength lies.

This is an extraordinary and often overwhelming time. It's easy to forget that giving real attention to the "small things of daily life" has genuine power to sustain us. What are your small drops of healing oil?

### July Share the Plate



**One half of all Sunday morning offerings will be donated to...**

**Children & Youth Partnership for Dare County** is a private, non-profit organization that connects kids and their families with resources to help them thrive.

### Spotlight on...



**Each week, a UUCOB Board member Q & A will appear here.**



**Lindsay Dubbs,  
Membership Chair**

**How long have you lived in the Outer Banks?**

Since fall 2009, after commuting from Raleigh to teach in the fall of 2008.

**Besides the Outer Banks, where else have you lived?**

Bethlehem and Hellertown, PA; Medford, MA; Wellfleet, MA; Puerto San Carlos, MX; Durham, Chapel Hill, Carrboro, and Raleigh, NC

**Talkin' bout your generation. Your Age Range?**

35 - 44

**My family consists of**

My husband, Corey Adams; my son, Rowan Adams; Aurora, a red-eared slider I adopted >25 years ago; Rowan's fish, Cardi and Sharky; and two recently adopted kittens, Artemis and Eros

**My occupation or volunteer work:**

I am a Research Associate Professor at UNC Chapel Hill and the Coastal Studies Institute, where I am Associate Director of the NC Renewable Ocean Energy Program and Co-Director of the Outer Banks Field Site.

**My favorite leisure activities, hobbies, interests are:**

I like to explore the outdoors with my family, experiment with vegetarian cooking, plant vegetable and native plant gardens, practice yoga, read novels and poetry, and play piano.

**For me, the UUCOB is...**

Space and ideas that encourage me to think outside my regular sphere and people with whom I feel connection and comfort.