

This Week's Service



Sunday, March 13th at 10:30 am
*In-Person and streamed live from
the sanctuary via Zoom*



Don't forget daylight savings time and to be on time to join Rev. David, new Worship Associate Mary Weinandy, and Musician Jeremy Russell at 10:30 AM [NOTE: DAYLIGHT SAVINGS TIME!] at the Meetinghouse or on Zoom for this Sunday's service: "How Do You Know?" We're used to thinking of science and religion as two opposing and incompatible worldviews. Is that true? How might religion and science coexist harmoniously?

To join online, please follow this link:

<https://us02web.zoom.us/j/84945108473?pwd=bHBITGtPcmdSVnVzREkwQzRGRGZ6UT09>

Meeting ID: 849 4510 8473

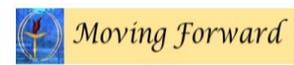
Passcode: 370660

To join by phone (audio only): +1 301 715 8592



As our Dare County Covid transmission rate is now low, we are happy to report that masks are now optional for Sunday services as well as small group gatherings in the Meetinghouse. Recognizing that we all have different levels of vulnerability and risk, we will continue to respect the choice to wear masks for anyone who feels that it is best for them for any reason, and we will continue to make our services available via Zoom for those who would like to participate in that way. We celebrate the chance to see each other's smiling faces, in whatever way that feels best!

UUCOB Transition 2022



The UUCOB Board encourages all of you to check the transitions page on our website, which is updated frequently as plans progress: [Transition 2022](#).

Lee Fallon is heading up the transition team. Gwen Taylor, Immie Russell, Rosemary Rawlins and Nellie Dixon have all agreed to serve with her on the transition team.

Connect with UUCOB

Unitarian Universalist Congregation of the Outer Banks
831 Herbert Perry Road
Kitty Hawk, NC 27949
at the corner of Kitty Hawk and Herbert Perry Rd.

email: info.uucob@gmail.com website: www.uucob.org

Rev. David's Quote of the Week

Poet John O'Donohue (1956 - 2008) wrote: "We live between the act of awakening and the act of surrender. Each morning we awaken to the light and the invitation to a new day in the world of time; each night we surrender to the dark to be taken to play in the world of dreams where time is no more. At birth we were awakened and emerged to become visible in the world. At death we will surrender again to the dark to become invisible. Awakening and surrender: they frame each day and each life; between them the journey where anything can happen, the beauty and the frailty."

Living every day is an act of faith: A choice to keep faith (or not) with what is best in the world, in our lives, and in ourselves. We don't know what the day will bring as we awaken; surrendering ourselves to that reality doesn't mean giving up; it means trusting that we--and our circles of love and connection--will meet whatever comes as best we can. What is awakening in your own life? What might be inviting you to surrender your resistance, your fear, your anger?

Share the Plate for March



This month, a portion of all Sunday morning offerings will be donated to:

GEM Adult Day Services - providing quality services to adults with memory loss, physical, and mental disabilities and those in need of socialization. GEM provides a positive, supportive environment for both participants and their caregivers.

To donate: Visit our website: www.uucob.org and click on the DONATE button. *After you specify the amount, you will have the option to select "Sunday Morning Offering".*

Pastoral Care Concern

We hold our member Joe Heard and his wife Christine and children Haley and Braden in our hearts as Joe begins his recovery from a significant stroke which he suffered last week.

Joe is currently in care at Chesapeake Hospital, and is expecting to move to a regular room and then to rehab soon. We encourage cards and messages of support at this time.

Joan Liston, Rosemary Rawlins, and Barb Goulet of the Pastoral Care Team, as well as Rev. David, are in touch with the family and we ask that offers of help and requests for information go through them, as the family needs time and space to adapt to the events and their new needs.

We keep them all in our thoughts, hearts, and prayers.