

This Week's Service



Sunday, January 15th at 10:30 am
In-Person & streamed live from the sanctuary

Join Worship Associate Lee Fallon and Musician Sherrie Lemnios as Rev. Roger explores "Transcendentalism and Renewal". Our service this week will kick off a semester of exploring the sources of Unitarian Universalism. Now, we know that there are a million potential sources of faith and wisdom. But there are six sources that are formally recognized. The first source says: Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life.

There are so many great ideas in that source: having a direct experience, that is the first thing; what is this transcending mystery and wonder; how do we think about renewal of the spirit; how are we at UUCOB creating and uphold LIFE? Please come to the service at the meetinghouse (and I'll join you via Zoom). Come with some ideas about this source and what you think it means.

To join us online this Sunday, [FOLLOW THIS LINK](#).

Meeting ID: 838 0045 3066
Passcode: 097426

To join by phone (audio only): 1 301 715 8592



Share the Plate: This month, a portion of all Sunday morning offerings will be donated to **Food for Thought**, a non-profit that helps provide Dare County students nutritious and child-pleasing non-perishable breakfasts, lunches, and snacks on weekends and holidays during the school year.



NEXT Sunday, January 22nd
Celebrating the Life and Poetry of Mary Oliver.

From Dennis Tromba: "In order to add your reflections to this event, a number of books of Oliver's poetry and prose are available in the office.

Please avail yourself of the opportunity and take a volume home for a week or less. Please sign the book and take written note of a passage which may ring your bell. The Mary Oliver experience may transcend any particular poem or any reader's personal perspective."

Connect with UUCOB

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Email: Phone: 252-261-2801

Visit our website: <https://uucob.org/>

Check us out on Social Media: [Facebook](#) or [Instagram](#)

To contact Rev. Roger:

Book a time with Rev. Roger at: <https://calendly.com/rogerbutts80905/roger>

Phone: 719-433-3135

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From the Desk of Rev. Roger



From the Desk of Reverend Roger Butts

Over the next couple of months, when I am with you for Sunday service via Zoom, we will explore the sources identified as foundational to our Unitarian Universalist tradition.

Of course, as one of you noted, there are a million sources of liberal faith, but six are identified as foundational. The first involves the direct experience of that transcending mystery and wonder present in all cultures and in all times, which calls us to uphold and renew life, the very life of life.

That is what we'll explore this Sunday.

As the poets and philosophers suggest, paying attention is crucial to such a direct experience. So today take a moment to really notice the face in front of you, the tree, the cloud, those waves.

FYI: My Minister's Report to the Board for January has been submitted.

[Read it HERE.](#)

Reminder



The Events Committee is asking for help from UUCOB members and friends to plan future events. Please complete this online survey [Event Survey](#). There will also be a stack of printed surveys in the Meetinghouse.

Upcoming Events



Mark your calendar: Friday, February 10th at 6:00 pm
Potluck Dinner & Game Night!

Bring a dish to share and a beverage of your choice. Bring friends and family. All are welcome.

NOTE: We have a stash of games at the Meetinghouse. But, if you like, bring your favorite game to play.



OWL (Our Whole Lives) Facilitator Training
February 24-26th (registration must be received by January 31st)
7:00 to 9:00 pm,

Welcome friends! We're proud to announce that the New Bern UU Fellowship and the Unitarian Coastal Fellowship are co-hosting a junior/senior high OWL training in New Bern and Morehead City! The training will take place in-person and limited home hospitality options are available if that is a barrier to registration. We want as many people to attend this training as possible.

Our Whole Lives (OWL) is a comprehensive sexuality education program that offers our young people the opportunity to explore their values, gain accurate information about topics that are often not easily accessible. The overall goal of the Our Whole Lives program is to help participants gain the knowledge, values, and skills they need to lead sexually healthy, responsible lives. We are proud that our congregations recognize that in order for young people to grow into spiritually whole, mature individuals we need to address the topic of sexuality. The material on Sexuality and Our Faith connects our religious beliefs with sexuality, spirituality, and issues on justice.

Information and registration [HERE](#).

Questions? Contact Rev. Micah C. Ma, mma@ucfnc.org